

# { Dinnertime Devotionals }



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**Weekly Theme:** Kind Words

**Verse #1:** Ephesians 4:29

(I use the ESV Bible for these devotionals. Questions are based on that text.)

**Jr. Discussion Starter:** Define the word 'corrupting.' How could our words make someone feel better? And worse?

**Discussion Starter:** Which do you use more often, words that build up or words that tear down? Consider reading Eph. 4:17-32

**Verse #2:** Proverbs 15:23

**Jr. Discussion Starter:** Having the right thing to say at the right time is something we learn. What are some good things to say to people to encourage them when they are sad?

**Discussion Starter:** Many adults struggle to have the right words at the right time. How can you work on developing this skill? Can you think of a time when someone said just the right thing to you when you were struggling, lonely, or sad? Name a good friend who encourages you.

**Verse #3:** Proverbs 16:23-24

**Jr. Discussion Starter:** When the Bible talks about our 'heart' it is talking about our...? What is judicious? Why was honey a prized item at the time this verse was written?

**Discussion Starter:** Why would wisdom make you words more judicious and persuasive? How do you build this wisdom? Can you name someone who exemplifies this type of wisdom? Honey is tasty and has health benefits...if you're not allergic to it. Can you name some benefits?

**Verse #4:** Proverbs 31:26

**Jr. Discussion Starter:** Proverbs 31:10-31 describes the woman who loves the Lord. Why would "wisdom" and "kindness" be important for a follower of God to have?

**Discussion Starter:** If you have time, read all of Proverbs 31:10-31. These passages describe the woman who loves God. Among many other qualities, she has wise and kind words. Can you think of some wise and/or kind words that your mother (or motherly influence) has said?

**Verse #5:** Luke 6:43-45

**Jr. Discussion Starter:** We're talking about the heart again. What does this mean in the Bible? The heart is where our words come from. What comes out of a good heart?

**Discussion Starter:** So much of the Bible speaks about wisdom and foolishness. Why do you think that is? How do we keep ourselves from becoming fools? What specifically does this passage say we can do to be good and wise?