

{ Dinnertime Devotionals }



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Weekly Theme: Ephesians 1

Verse #1: Ephesians 1:1-2

(I use the NKJV Bible for these devotionals. Questions are based on that text.)

All Ages Discussion Starter: Let's set the stage for the beginning of our study about Ephesians or more accurately Paul's epistle to the church at Ephesus. What is an epistle? Can you find Ephesus on a Bible map? Who was Paul? What was his old name? And how did he used to behave?

Verse #2: Ephesians 1:3-6

All Age Discussion Starter: "...who has blessed us with every spiritual blessing in the heavenly places in Christ." — What are spiritual blessings? Are they something physical like a car or are they more than that?

For families with teens - In v5 we see that God predestined us for good things. Does this mean that God has already decided who we will be? Or does it mean that God has already laid out a plan for the way He wants His people to live?

Verse #3: Ephesians 1:7-12

All Age Discussion Starter: How do we have redemption through the blood of Christ? At what point do we come into contact with the blood of Christ? (Hint: Look at the beginning of Romans 6.) According to v9, do we have everything we need to know about God through Christ Jesus? Do we need any extra books or manuals to tell us what is right or wrong? What is an inheritance? What does that term mean when it is used in v11?

Verse #4: Ephesians 1:13-14

All Age Discussion Starter: What does it mean when you trust someone? Why should we trust Jesus? What happens when we trust Jesus? Are you saved when you trust Jesus? Or is there more to it?

We have a guarantee of our inheritance. What is that guarantee or where does it come from? Why is it important that we fully trust and believe in the promises of Christ?

Verse #5: Ephesians 1:15-21

All Age Discussion Starter: Why was Paul thankful for the church at Ephesus? And why was he praying for them?

In the latter part of this reading what do we learn about God? Who is sitting at His right hand? What has he done for us that he also did for the Ephesians? How far does his promise extend?